

Looking “fly” in our new uniforms. Thanks, VC Ultimate!

A NOTE FROM THE EDITOR

Dearest FlyFans,

As we head to our Regional competition in Rockford, Illinois this weekend, we'd like to give you a little update on what Flywheel's been up to since last we spoke. In the following pages, you'll find another shameless fundraising plug, a review of the items available in our ongoing gear sales, and recaps from our last three tournaments. Sprinkled throughout are some images intended to capture the essence of Flywheel 2015. Hopefully this issue of the Inside Scooper will be just the study break/work break/Netflix break your FlyLoving heart was looking for.

For our readers who are less familiar with the format of the USA Ultimate post-season college series, the tournament we'll be playing this weekend (Regionals) is a pretty big deal. Both BFly and Flywheel earned bids to Regionals by placing in the top five at Sectionals the weekend of April 11 & 12. Competing at Regionals offers us the chance to go to Nationals in Milwaukee at the end of May, an opportunity that will only be offered to the team that finishes first come Sunday afternoon. We're honored to have the chance to fight for this bid, and we're confident we, as much as any other team in this region, have what it takes to win it. That confidence is the direct result of the support we receive from our FlyFans. I'd like to take this opportunity to thank you, our readership, on behalf of the team.

Parents, thanks for conceding to pay dues, listening to your kids rave about that crazy hippie sport, and trusting that we're not smuggling your children off for some ill-fated mischief every other weekend.

Friends, thanks for refraining from rolling your eyes when everything we said began with, “my teammates”, and keeping your mouths shut when we started dressing exclusively in Michigan Ultimate gear.

Alumni, thank you for leaving behind the legacy of a strong and beautiful program, for the time and money that you invested to ensure that this program lives on, and for your faith in us to bring honor to the name you made famous.

Win or lose, you can expect a recap of our adventures in Rockford this weekend. But know that when we take the field, we'll be carrying all of you with us.

FlyLove,
Kati

Editor of The Inside Scooper

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TABLE OF CONTENTS

FUNDRAISING

page 2

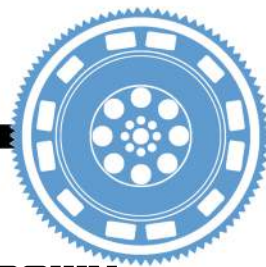
ROOKIE PROFILES

pages 3 & 4

TOURNAMENT RECAPS

pages 5, 6, 7, & 8

FUNDRAISING



FLY WHAT? FLY FUNDS!

The season may be drawing to a close, but Flywheel Fundraising efforts are still going in full force. We're still seeking to tie up some financial loose ends from the 2015 season, and would love to leave Flywheel 2016 on solid monetary ground. Check out the pie chart on the left to get a sense for the fiscal challenge next year's team will be up against, and see the boxes on the bottom half of the page for fun ways to help us out!

SWAG SALE

Support Michigan Ultimate in style with some sick swag. Check out the "ORDER GEAR" page of the website for our current offerings.



**MICHIGAN
ULTIMATE**

THE FLYWHEEL HALL OF FAME

Dearest Alumnae,

If you, like most current Flywheelers, swore that when you became rich and successful, you would donate to the team you loved oh so much so that Flywheelers of the future could avoid despairing about the cost of playing for the season, then now is your time! We know you loved your time with Flywheel, and Flywheel loved you every year that you played. Now it's time to consider showing your love in a concrete way.

By giving back to Flywheel, you will be inducted into our Hall of Fame. In addition to the celebrity afforded you by this honor, you will receive the following gifts depending on the amount of your donation:

\$50: Bronze (FREE Michigan Ultimate or Flywheel Seal bumper sticker)

\$100: Silver (FREE Flywheel Disc)

\$200+: Gold (FREE Sticker + Flywheel Disc)

Upon induction to our Hall of Fame, you will be featured in a player profile in the next issue of the Inside Scoober. Email turnerkt@umich.edu to join!

CURRENT HALL OF FAME MEMBERS

Nell "Nelly" Turley · Flywheel 2005-2009 · Inducted 2014

FUNDING BREAKDOWN

TOTAL SEASON COSTS: \$48,058

This includes running costs for each team and personal costs incurred by players.

4% of funds are provided by Club Sports

96% of funding must come from other sources

ADOPT A ROOKIE

We still have rookies available for adoption! By participating in our Adopt-a-Rookie Program, you can help keep our rookies focused on learning the fundamentals and loving the game of Ultimate, rather than worrying about the cost of playing the game. Whether you're an alum, parent, or friend, you can adopt a rookie for a donation amount of your choosing, or one of the suggested donation levels listed below. Survey our rookies' profiles on the next few pages to see if there's one you might want to call your own. Fill out the form linked at the bottom of this box to adopt. As always, thanks for your support and GO BLUE!

DONATION LEVELS

\$15: provide a rookie with burritos for an entire tournament weekend.

\$30: provide a rookie with a one-month membership to Joust, the CrossFit gym at which we train.

\$50: Ultimate swag for you and your rookie (i.e. gear/uniform for your rookie and you get a Michigan Ultimate sticker!).

\$100+: a flight and something for you to send flying (i.e. a Flywheel disc for you!).

FILL OUT THIS FORM TO DONATE:

<http://goo.gl/forms/yzd7e2CrGK>



Ali is a 215 year-old graduate student studying public health en route to achieving her third-grade dream of becoming a grown-up. In the event that she never successfully realizes this goal, Ali would be more than happy to accept any position offered to her by a circus ring master due to her alarming infatuation with all things circus. If Ali were a vegetable, she would be celery, a wildly underrated vegetable, in her opinion, but one that anyone with any taste appreciates for its subtle saltiness, fibrous structure, and satisfying crunch. Inviting Ali into your home is a highly economic decision as she takes up very little space and has very few personal belongings. You may only realize she's there when you hear the startling crunch of celery from the next room or walk into the trapeze she's attached to the ceiling of your foyer.

KARI PAINE

Kari is a 22 and a half year-old graduate student hailing from Manistee, Michigan who threw her first disc on the charming campus of Kalamazoo College. If Kari were a vegetable, she would be a highly versatile and flavorful onion, a staple around the world, capable of being dressed up or down, and a requisite part of a complete meal. To capture Kari's personality in a scoop of ice cream, there's no need to create a whole new flavor; just reach for a tub of rum raisin. Why, you ask? It's hard to explain why one should opt for rum raisin over a crowd pleaser like chocolate chip cookie dough. But take one bite, and you'll understand why this hidden gem full of surprises and interesting flavors continues to be in existence despite its highly overlooked state. While the analogy to Kari's personality falls apart because we think she's a rather obvious gem, we'll leave the final judgment up to her future parents.

**LIZZY BENEDETTO**

Lizzy recently joined our ranks after spending two years on BFly, and we couldn't be happier to have her. This sassy smoothie fanatic deserves an award for her self-awareness: even as a third grader, she knew she was destined to spend her life working as a nurse. To Lizzy, love is hearing someone fart, seeing them pee, and still finding them appealing to be around, so she must really love Flywheel. If given the opportunity to jump into a pool of anything, she'd pick some tasty, tasty pudding, and then wisely jump into a pool foamy soap when she finished splashing around in the gelatinous goodness. If you adopt Lizzy, you can look forward to some top-notch omelets and snickerdoodle cookies, but should be sure to have plenty of peanut butter, pasta, milk, and Disney movies on hand to keep your little chef's morale high.

NINA "NINJA" JANJIC

This brainy Boulder native is another BFly graduate, and we couldn't be happier to have her. Her favorite part about being on Flywheel is having the opportunity to drive about 20 hours in a weekend to spend a couple days chasing an 11"-diameter piece of plastic, her definition of true love. If an ice cream flavor were to be created to capture her essence, it would contain both Oreos and caramel sauce because her life is distributed among many things, but it's all held together by a questionable but reliably sticky sweetness. If given the opportunity to join your family, Ninja promises not to throw wild ragers in your home, so you won't have to worry about your belongings being stolen or destroyed. She can also sometimes be counted on to bake things, and there's a 60% chance she may allow you to enjoy the fruits of her labor.

**BRE "BREEDOM" BERKA**

This freshman and former swimmer hails from Saginaw, Michigan and is looking to major in English and Sports Management. She would, rather uncreatively but not entirely surprisingly, be interested in jumping into a pool filled with just water because she misses swimming more than anything. If Bre were in the circus, she would be an elephant who would just sit there and chill and do what Bre does. In vegetable form, Bre would be broccoli, the chilliest vegetable deliciously enjoyed with a dollop of ranch dip. Like cinnamon ice cream, Bre feels she may be underrated and capable of surprising people with the number of things at which she is "bomb". Parents adopting Bre can look forward to a plethora of sport and film facts as well as an alarming influx of pillows and blankets and pretty nice hugs.

MEGHAN "TEH" CAMPANO



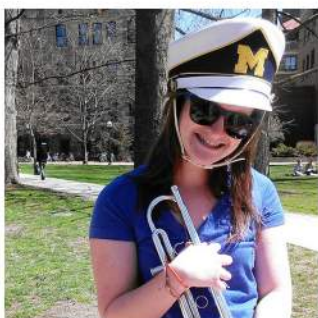
In a shocking turn of events, our next rookie up for adoption, Tex, hails from San Antonio, Texas. Playing with Flywheel is Tex's first foray into the world of competitive Ultimate, and she's loving being a part of a fun, awesome group of people that are just as crazy as she is. If Tex were a vegetable, she would be cauliflower, both because it bears similarity to the appearance of her hair on a humid day and because it plays well with other yummy foods. Tex would fill a pool with sweet tea for the very pragmatic purpose of having a delicious beverage in a virtually unlimited quantity if she wasn't in the mood to swim. A scoop of Campano Compromise would be chocolate and vanilla swirled because, like Tex, this ice cream likes to make sure everyone is happy. However, this flavor is not without personality: expect equal parts sprinkles and almonds to capture Tex's childish and responsible sides.

DANIELLE "SMELLZ" DEJOURNETT

Smellz comes from the land where weird is normal, Asheville, North Carolina, and is a freshman looking to study Spanish and biochemistry. In frozen dairy dessert form, Smellz would be vanilla brownie bite with caramel swirl because at her core, she's a highly adaptable person that pairs well with all types of personalities and toppings, but she works best with those that have a rich brownie-like quality. To top it off, she's got a messy exterior, but somehow manages to hold everything together for a sweet and decadent aftertaste. Smellz loves Flywheel because of the feeling you get when you jump and reach to catch your first disc. But to her, more than just reaching for the disc, you're reaching the expectations of your team and the hard work and successes that you strive for together at every practice and in every game. She also wanted to be a belly dancer when she was in third grade.



LIZZIE VANA



Lizzie is a junior and former soccer teammate of one of our captains that we're glad to see has grown out of her childhood habit of never letting go of her mother. She's loving being a part of Flywheel because she gets to hang out with an amazing new group of people and learn a new sport she'd never had a chance to try before. Ben and Jerry's Chubby Hubby provides an excellent representation of Lizzie's personality because, like the ice cream moguls' hands-down best creation of all time, she is an eclectic person that's composed of many different scrumptious ingredients. If Lizzie were a vegetable, she'd be a pea so she could hang with her buddies in the pod. If you're looking to welcome Lizzie into your home, look forward to juggling lessons, but be sure to have a robust supply for mac and cheese.

HANNAH "BO" GANNON

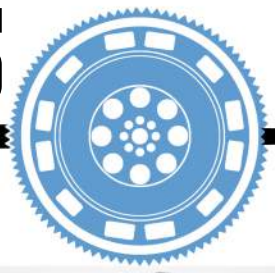
This red-headed sophomore came to Flywheel from the hometown of Wayne Campbell, co-host of the wildly popular public-access television show Wayne's World. She may be on track for a hugely successful career as a biomedical engineer, but she once aspired to represent her nation as an Olympic gymnast. If asked to fill a pool with a substance of her choosing and subsequently launch herself into it, Bo would select deep dish pepperoni pizza under the potentially erroneous assumption that the cheesy dough and sauce would cushion her impact instead of covering her body in third-degree burns. A family looking to welcome Bo into their home should look forward to plenty of comic relief, great food recommendations, and quality quiche on brunch Sundays. And an added BONUS: no extra bedrooms? No problem! Bo will be more than willing to spend her nights sleeping in an available bathtub, with or without a pillow.



FILL OUT THIS FORM TO ADOPT YOUR FAVORITE ROOKIE:

<http://goo.gl/forms/yzd7e2CrGK>

TOURNAMENT RECAPS



COMMONWEALTH CUP

BY BRE BERKA [FLYWHEEL 2015 ROOKIE]

SATURDAY

Even though the tournament unfortunately lost a large number of teams due to inclement weather, Flywheel was still more than ready to make their way to Martinsville, Virginia for the Commonwealth Cup. With the depleted number of teams and field space, Flywheel played three consecutive games in the brisk winter morning on Saturday. Being from Michigan definitely has its perks – we know how to dress for the cold. Even after driving 10 hours, we couldn't find the warmth, but Martinsville still offered us a 30 degree temperature improvement. Facing 20 degrees and snowfall, Flywheel took the fields.

VS. MIT

We got a slow start to the morning against MIT, as our legs seemed to be quite tight and our fingers a bit frozen. MIT showed us a diamond and sham defense which transferred into a lot of handler movement. After falling behind early, we woke ourselves up at the half and brought the intensity in the second. Flywheel brought back an intimidating rally, but we came up just short, falling to MIT 11 to 9.

VS. UNC-Wilmington Seaweed

As our feet and hands numbed, we prepared ourselves for what we knew was going to be a decent match up. UNC-Wilmington always brings the aggression and the intensity, and is very vocal about making their presence known. They worked between a few decent handlers who enjoyed a nice deep huck to a girl who was beyond six feet tall. With the cushion of snow, layouts were being thrown from both sides, and Emma "Sticky" Boyd made her presence known with a stellar layout D. Flywheel managed UNC-Wilmington handily, winning 11 to 7.

VS. Ohio State Fever

In the last match-up of the day, Flywheel faced our friendly rival – Fever. After finally warming up after two games, we were eager to take the field and took the lead straight from the gate. We stayed even with Fever for a while, but they broke away with a stellar flow. Fever ended up with the win over Flywheel, 8 to 5. Unfortunately, with the two losses on Saturday, Flywheel did not make it into Sunday's final four-team bracket.

SUNDAY

Despite the frigid temperatures on Saturday, when we woke up on Sunday morning we were greeted with beyond optimal weather: 50 degrees and sunny. Since we did not make the championship bracket, Flywheel played back to back games in their own pod. The sunny day encouraged Flywheel to bring a whole different level of energy and spirit to the competition.

VS. UNC Pleiades

With the support of lively sidelines, Flywheel took off against UNC, keeping up with them point-by-point. UNC featured some highly athletic girls who broke our zone on a few accounts with long hucks over our wall. Fortunately, we had our share of spectacular plays, including Kati's sky high D – who knew she was so tall?! Keeping up with UNC eventually worked in our favor as we pulled out a big win, 11 to 9.

VS. UPenn Venus

The high level of energy continued into our second and final game. Emma gave us a great start with two back to back hand D's, and then scoring to end that point. Flywheel easily defeated Pennsylvania, 13 to 7.



The tale of Centex 2015 is two-fold. I'll certainly touch on the results of each game, but first let's talk about the conditions. If you haven't heard about what went down between Mother Nature and Texas during the third week of March this year, then you must not be following any college women's teams on the twitterverse. Dear ol' Centex got a little dirty this year. Downpours in central Texas during the week leading up to the tournament left the UT Austin rec fields out of commission. Thanks to the hard work of the Melee ladies and Michelle the tournament was still able to occur, but was transplanted to two other mudpits near San Antonio. I didn't see the fields at the other site, but I know the highlight was the appearance of some local firefighters, who hosed all the mud off of players at the end of the day on Saturday. As for Flywheel, we played at Retama. If you know that name but think you misread, you did not. For those unfamiliar with Retama, it is a horse racing complex. Outside of the track there lies a large expanse of clovers. Said plot of earth and weed was the main field site for Mudtex 2015.

Saturday warm-ups were greeted by rain, likely just to ensure that the mud was as nasty as could be. And trust me, this mud really isn't being exaggerated. It was a couple inches deep, thick and sloppy, and by the end of the first round on Saturday covered about 70 percent of every field. In terms of play, this meant that every team had a couple of blunders with muddy discs slipping out of hands and cutting looked more like glorified walking. But attitudes were awesome and everyone got dirty for the disc.

The change of fields meant crossovers were cut, so Flywheel only played in three pool play games on Saturday, facing the Minnesota Ninjas in our first round. It was an upwind-downwind day, and three upwind breaks and a really solid receiver led the Ninjas to a 12-5 win over Flywheel, leaving us a little battered as our streak of Saturday first-round losses continued.

We faced Florida Fuel next, who came over to our field hard to recognize in their armour of mud, clearly fired up to lay out for every disc. But we matched their intensity and picked up our play, adjusting our cutting for the mud and working in some good defensive switches. Flywheel got a break at 1-1 and later closed out half with a three-point run and started the second with a four-point run, carrying us to a 13-5 win.

Our final game on Saturday offered an opportunity for redemption pie, and we brought our forks. After a disappointing loss to MIT SMITe at Commonwealth in which time caps cut short our late momentum, we were ready to get another shot at the Boston ladies. The game was tight, but Flywheel broke at 3-2 and also closed out the last two points for an 11-7 victory and a second place finish in our pool.

Those familiar with Centex know of the infamous bbq and dance-off that happens Saturday evening. The quirky gathering gives Centex the most character of any college tournament I've played in, and the brisket can't be beat. But more importantly, Flywheel holds great pride in being the team to promote the dance-off to the inspirational display of coordination, athleticism, grace, and swag that it today is. Sadly though, Michigan Flywheel, the reigning champs of the Centex Elite Dance-Off Extravaganza, took a pass this year. Despite games being in San Antonio, city park and brisket permits required that the gathering still be held in Austin. We were blessed enough to be spontaneously housed in San Antonio by the mother of our texan rookie (who we creatively gave the moniker "Tex"), and the drive to and from Austin wasn't as appealing as showers and hitting our beds early before the next day's play. It was tough to miss tearing up the dance floor, but y'all better be ready for Flywheel 2016 to bring home the "W" next March.

On Sunday we were in the 17th place bracket. We got to the fields before the sun (blindly walking through the mud was an interesting experience that doesn't need to be repeated) and started our day against Iowa Saucy Nancy. The conditions were sunny and less windy. (For those still interested in the terrain, this meant the mud was sticky instead of sloppy, possibly easier to run in, but still stripping us all of our athletic pride.) Nancy broke us at 2-3 but we immediately responded with a 5 point run that made this captain proud. I attribute a good piece of our success to our improved ability to time our hucks after a day in the muddy conditions. After our run points were mostly traded and we took the win 10-8.

Up next we faced Seattle Fryz and were schooled by some high schoolers. The Fryz showed us some great flow and breaks which earned them two, four-point runs and a 13-6 win. But although the scoreboard was rough, collectively Flywheel (and



probably even sophomore rookie handler Nin(j)a Janjic who sprained her ankle halfway through the game) would say that the game against the Fryz was our most enjoyable. They reminded us what love of ultimate and spirit of the game look like. We made a spirit circle at the end and were joined by their coach, Flywheel Alumni and current badass, Sarah "Surge" Griffith.

After a bye spent napping in the Texan sunshine we had hoped for, our final game of Centex matched us up against MIT once again. While it's always nice to see new competition, playing SMITe again gave us the chance to tip the record in our favor. The long break left us not particularly fired up, but we pulled through with an 11-8 victory and a 19th place finish. However, the better known story of the game is the layout that left Grace "Baby Carrot" Denney with a hole in her face, blood on her hands, and a ticket to the plastic surgeon. Mrs. Jenny Denny-Lawson, she looks great now; don't worry.

Overall, Flywheel showed some good zone O over the weekend as well as a fair amount of no turn O. I'm guilty of never remembering which games highlights occur in, so let me just list those that have stuck with me. Across the board Flywheel embraced the mud by laying out, but special shout out to our two grad student rookie cutters, Ali Jensen and Kari Paine, for hitting the ground. Another grad student, second year Flywheel cutter Kati Turner showed some of the mad ups that we're coming to love this season. Looking to our younger generation, we saw some flawless, chilly zone O execution by freshman rookie handler Meghan "Tex" Campano, as well as some sneaky swing cutting (for the score!) by sophomore rookie cutter Hannah "Bo" Gannon. We also can't forget our halftime wobble with Rice Torque.

While the conditions weren't ideal for Mudtex 2015, the weekend was definitely a beneficial experience for Flywheel, and I'm proud of the positive attitudes and gritty play I saw. Hopefully this will be the last time the shot glass in my player pack has dirt in it when I unpack it in Ann Arbor, but the change of conditions allowed a handful of us to visit the Alamo and Riverwalk. And those of us lucky enough to drive from San Antonio (where we flew into) to Austin, just to find out the fields had changed and we needed to head back to San Antonio, had the chance to fill up on fried avocado tacos from Torchy's. So all was forgiven.

A huge thanks to those who made the weekend better: our three coaches Spanky, Chip, and Ben for taking time off from school and work to join us, and especially Ben for missing dinner and staying with Grace at the hospital, Tex's mom, D. Camp, for lending us her beds, floors, showers, washing machine, and car and treating us to bbq Saturday night, and Ali's parents, Susan and Chuck, for taking Grace to the hospital and covering our dinner bill on Sunday. We appreciate and love you all.



SECTIONALS

BY THE REAL ALISON JENSEN [FLYWHEEL 2015 ROOKIE]

We went into the conference championships seeded second. We knew we would meet some great local teams that would give us a run for our money. We were #blessed with beautiful weather. We met many Flywheel parents. We had five players out with ankle and foot-related injuries, but the remaining fourteen were strong, healthy and ready to play some ultimate Frisbee. The five on the injured line (Vana, Breedom, Ninja, Maya and Tex) came ready to Cowbell and Cheer. We came together as a cohesive Fly-unit this weekend and are looking forward to playing again in Rockford, IL.

DAY ONE: The wind delivered.

VS. Notre Dame-B [13-0]

For the first time in tournament history, we did not have to wake up before dawn. Our tournament day began at noon when we played the Notre Dame B-team, Oh Baby. We were lucky enough to get an 8th teammate on the field, The Wind. The Wind came ready to play defense. We played flawless defense and won.

VS. Purdue [8-10]

Purdue kept us on our toes; they were in the lead, we were in the lead. They took the half 6-7. We had a solid huddle and returned for a second half. We saw great handler- and great cutter-flow. A handler point from Tracey "T-Lo" Lo to Hannah "Hank" Henkin brought the score up 8-9. We were ready for a D, but Purdue scored quickly and time ran out, leaving the final score 8-10. Despite the loss, this game sparked something in Flywheel. The team came together to win the rest of the games and played some of the most team-focused ultimate this reporter has ever seen.

VS. Indiana [13-5]

The wind mellowed out, but Flywheel had just begun to energize. Flywheel was hot off the Purdue game and scored the first 3 points. Indiana came back to bring the score 3-2. Flywheel had another streak of points, including a great cutter point from Hannah "Bo" Gannon to Emma. Our own Charlotte "Chuck" Wilson made a beautiful D and then scored,

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holding those books together with her bookend. Flywheel held Indiana 10-2 for awhile, until they started a comeback, bringing the score 12-5. We held them and finished the game at 5pm.

DAY TWO: A day of Callahans and Grace Denney's Naked Day (aka: her birthday).

VS. Michigan State [11-6]

Infamoose is a great opponent to wake up to on a Sunday morning. We volleyed with them for a while, scoring and getting scored on. After 20 minutes of play, the score was 4-4. We started to get the juices flowing and ran the score up 9-4, with some great assists by Carolyn "Puff" Vlach and Hank. Michigan State brought the score up 10-6, but we held them in hard cap and won 11-6.

VS. Eastern Michigan [13-0]

It's always a pleasure playing the Peacocks. The first point of the game was some great cutter flow, with Ali throwing to Kari. Danielle "Smellz" Dejournett assisted a point to Bennedetto to bring the score 4-0. Puff had 4 assists in a row, leaving the score 9-0. Our own Elizabeth Benedetto caught a D in our endzone, generating the first Callahan of the day and bringing the score 10-0. Our top-scorer in this game was Tracey Lo, handler extraordinaire.

VS. Central Michigan [13-0]

Kari scored the first point in this game, too. Birthday Grace scored two points in a row, connecting with our lovely handler line. Meghan Drews had a Callahan, bringing the score up 5-0. Grace scored another point for a hat trick. Kati waited patiently for rookie handler Ali to make an assist, bringing the score 12-0. Drews passed to Emma to end the game 13-0.

VS. Michigan B-Fly [13-1]

Michigan B-Fly had a great tournament this weekend. They were amped up on wins and D's and they gave us a run for our money. We went back and forth on offense and defense. The last point of this game lasted for 27 minutes, a new record. It was a taxing experience, but we couldn't imagine a team we'd rather spend 27 minutes with.

B-Fly came out 5th in sectionals and is advancing to regionals. We are so proud.



NEXT STOP: REGIONALS