Inside Scober





Michigan Flywheel

Women's Ultimate Frisbee Club Team

Flywheel Fundraising Edition Volume 4, Issue 2

March 25, 2013

Quarterly Newsletter

Website: <u>flywheelultimate.com</u>

Twitter: <u>@UMichFlywheel</u>
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Watch our CENTEX DANCE-OFF VIDEO HERE!!!

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Flywheel Fundraising Committee

- Meeri Chang, Fundraising Chair

Welcome back, readers!

As the regular season comes to an end, Flywheel is excited about preparing for the Series in April. We've been traveling across the country to develop and grow as a team, requiring significant financial commitment from each team member. Thus, this issue is dedicated to fundraising.

As a club sport, Flywheel
Ultimate receives limited
funding from U-M. We are the
highest level of Ultimate at U-M,
and we travel the farthest of any
club sport. This is because
many club sports are regionally
competitive; however, Flywheel
aims to be a nationally
competitive team. And we train
accordingly: we attend an off-

campus CrossFit gym three times a week, we practice in the snow, practice indoors late at night, and drive and fly to competitive tournaments. These expenses add up, and we never want to turn down or discourage a player from committing to Flywheel due to financial concerns.

To help raise money for the season, we have started the Flywheel Fundraising Committee: Meeri Chang, Jacqueline "JJ" Jarik, Amanda Whitehouse, Charlotte Wilson, and Sara Robinson. Our first objective as a committee was to set a fundraising goal. We believe that this season, \$2200 is an achievable goal that will also help eliminate

the final round of dues for each member. Our second objective was to create a video for a U-M Technological Services contest. The winning organization receives \$500, which would bring us many steps closer to our fundraising goal. If you have a U-M uniqname, please vote for our video by this Friday, March 29!!! To vote, please click this link.

Finally, if you are interested in sponsoring Flywheel, please email me directly at meerichang@gmail.com. We are able to continue being a competitive team thanks to your support!

- Sharkbait



February Tournaments: Queen City Tune-Up, Easterns

Queen City Tune-Up February 9-10

Easterns February 23-24

Flywheel attended two tournaments during the month of February, starting off the season with Queen City Tune-Up in Charlotte, North Carolina. Eleven out of the attending teams had appeared at College Nationals 2012, making it a competitive tournament and an exciting opportunity for us. While we were disappointed with our performance (3-4 record for the weekend), we left knowing the types of offensive and defensive changes needed to be a competitive team this season. There were also notable highlights that we want to share with our readers:

- Flywheel was one of two teams over the weekend to defeat UNC, beating the Pleiades 13-9 in pool play. Opening up our long game, playing tight team defense, and out-Jousting helped us pull out the win against a tired UNC team.
- First tournament back with our full roster—we welcomed back TZ, Carolyn, and Tory from study abroad!
- A shout-out to all of our rookies for fighting through our first tournament of the season! (You may even consider adopting one...)

After only one week, Flywheel traveled back to North Carolina for some fun in the...mud? Yes, while the second day of College Easterns was sunny, day 1 was full of pouring rain and Mother Nature's homemade slip n' slides. Yet that didn't stop us; we finished the weekend with a 4-3 record, breaking seed and taking third place.

Notable highlights from Easterns weekend:

 Flywheel trailed Pitt in pool play for the entire game, trailing 6-9. Then, we went on a 5-point run to take it to 11's. Though we lost on universe point (final 12-11), our zone defense improved throughout the game, stifling Pitt's offensive flow.

- Flywheel played another well-fought game against UNC-Wilmington Seaweed, the tournament's host team. After losing to Seaweed 12-10 in game 1 of day 2, we saw them again in the 3rd place game. This time, Flywheel was ready: we out-worked UNCW, winning 15-4 and breaking seed for the weekend.
- From QCTU to Easterns, Flywheel improved their deep defense. We saw more sweet sky's and help-side defensive plays when the disc went deep.

Individual Player highlights:

- Grad Student Chelsea Grindle lays out for the disc in our first game against Penn State, penguin-sliding ten yards through the mud. She continues to slide on her knees as she attempts to stand up.
- Junior Charlotte Wilson picks up a new nickname—"Huckin' Chuck"—after putting up two beautiful deep throws to Jacqueline "JJ" Jarik into the endzone against UVA on day 2.
- Rookie cutters Meghan Drews, Sara Robinson, and Tracey "T-Lo" Lo, and Becca Liebschutz take game point against UNC-W, fighting for the open space and playing feisty defense.
- Senior Tory Fingerle gets a Callahan!!! Just kidding...but she had Bailey convinced (we reminded Bails that you can't get a Callahan on offense).

After a third place finish, we traveled 14 hours back to hunker down on schoolwork before Music City Mash-Up and SPRING BREAK!!!!







Queen City Tune-Up Photos

February 9-10 2013

















Easterns Photos

February 23-24 2013

Sideline Chatter







Joust noun (proper), verb

Definition: A CrossFit gym located in Ann Arbor, MI. Flywheel attends Joust three times per week from January – March to get JACKED for the Series!

CrossFit + Ultimate: CrossFit includes both strength and conditioning workouts, described as "constantly varied, high intensity, and functional movement." Sounds like Ultimate, right? By attending Joust, we improve our endurance, explosive power, and quick movement, all of which are required on the field.







Introducing: Alumni Hall of Fame

Give a little Flylove back

Dear Flywheel Alums,

No matter if you graduated last year or if you were on the original Wanda's Binge (we're still confused by that name), we have a special donation program for you! But first, take the time to think back to your days with Flywheel. Maybe you remember the late night van rides on the way home from tournaments...or maybe your Ultimate-obsessed teammate who first taught you to throw a flick ...or maybe that indescribable feeling of stepping on the fields every tournament alongside your closest friends. We know you have special memories of Flywheel Ultimate (and if you don't, we know you remember the dent it put in your wallet). Whatever memory applies to you, we encourage you to consider giving back to a team that once helped you shape your college/grad school experience!

Upon donating, you will be inducted into our ALUMNI HALL OF FAME. You'll also be featured in a player profile in our next issue. Here are our donation levels:

- \$50: Bronze (Quarter-page, FREE Michigan Ultimate Car Sticker)
- \$100: Silver (Half-page, FREE Flywheel Disc)
- \$200+: Gold (Full-page, FREE Michigan Ultimate Car Sticker + Flywheel Disc)

If you are interested in being in our Hall of Fame, please follow this link!

Sincerely,

Flywheel 2013

Flywheel Adopt-a-Rookie Program (Watch our video HERE!!!!)



Whether a friend or family member, please consider supporting our Adopt-a-Rookie Program. You will help keep our rookies solely focused on learning the fundamentals and loving the game of Ultimate rather than worrying about the cost of playing. Take a look at our rookies below—they're pretty baller. You have the chance to adopt any of our rookies for the 2013 season! You'll also receive a letter from your adoptee with a recap of her favorite tournament. Please look at our suggested donation levels and rookie profiles below to help you find your perfect adoptee.

To adopt a rookie, follow this link



Adopt-a-Rookie Donation Levels:

\$15: Provide a rookie burritos for an entire tournament weekend Four games a day makes a rookie hungry!

\$30: Equivalent to a one-month membership at Joust Your rookie may or may not be grateful for this....

\$50: Ultimate swag for you and your rookie

Make sure your rookie is dressed the part on the field. With this donation, you will also get Ultimate swag in the form of a Michigan Ultimate car sticker.

\$100: A flight and something for you to send flying Maybe this won't cover a full flight, but it'll put a dent in your rookie's fare. And for your generous donation, you'll receive a sticker and free Flywheel disc!



+ Get to Know Our Rookies!

We asked each rookie the following questions:

- 1) Where are you from? 2) What made you decide to join Flywheel?
- 3) What makes you adoptable?

- 4) Hidden Talent?
- 5) Song you sing in the shower
- 6) If Flywheel were a circus...



Hannah "Hank" Henkin, Freshman

- 1) Radnor, Pennsylvania (the "burbs" of Philly)
- 2) I based my college decision off Ultimate teams and chose Michigan because of Flywheel's impressive results and its dominant plavers.
- 3) I'll bring world peace. I volunteered at an Ultimate camp for three years together Israeli-Jews, Arab-Israelis and Palestinians
- 4) I'm a magician. Give me any object and I can make it disappear. 100% guarantee you will not see your item again.
- 5) "Just keep swimming" from Dory in Finding Nemo
- 6) I'd do trick-riding or animal training I would think.



Lisa Qin, Freshman

- 1) Andover, Massachusetts
- 2) Fall open practices. I played in high school, so I wasn't new to the sport, but fall open practices were a great introduction to the team.
- 3) I'm a freshman, so adopt me now and you can keep me for four years. And although I'm not fuzzy as a puppy, I'm just as lovable :)
- 4) I'm really good at cooking and baking
- 5) "Wide Awake" by Katy Perry
- 6) I'd do the tightwire.



Sara Robinson, Freshman

- 1) Grand Rapids, Michigan
- 2) I loved playing pick-up Ultimate during the summers in high school, and I wanted to play some kind of sport in college.
- 3) I'm a psychology major, so if you ever have a problem or just wanna vent, I'm the best girl to talk to!
- 4) I'm really good at packing suitcases.
- 5) "Somebody to Love" by Queen
- 6) I would be the contortionist.



Tracey "T-Lo" Lo, Freshman

- 1) Troy, Michigan
- 2) Blackmail.
- 3) I would bring diversity if you're trying to start a Brangelina-like family
- 4) Being extremely adoptable
- 5) "Bohemian Rhapsody" by Queen (especially the Galileo part. It always gets the boys to press their ears against the door.)
- 6) I would be the elephant because people would clap for me just for walking around.



Get to Know Our Rookies!

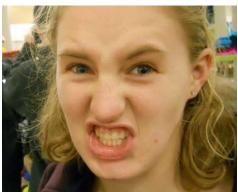
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Bridget Cook, Sophomore

- 1) Simsbury, Connecticut
- 2) I played BFIy last year and absolutely loved it!
- 3) I can quote the every line to the movie "Miracle," I make great homemade pizza, and I love fixing/building things.
- 4) I can wiggle my ears.
- 5) "Love on Top" by Beyonce
- 6) I would be a tightrope walker.



Emma Boyd, Sophomore

- 1) Ann Arbor, Michigan
- 2) I missed playing a sport, and after one of the first open practices, playing in the rain/mud made me realize that I needed this in my life. Also everyone was super supportive and welcoming.
- 3) As an aerospace engineer, I can build you a plane or a spaceship. Also, I can make you the most aerodynamic Frisbee ever.
- 4) I can pogo stick.
- 5) "Somewhere Over the Rainbow" from Wizard of Oz
- 6) I would do tricks on the back of an elephant.



Meghan Drews, Sophomore

- 1) North Olmsted, Ohio
- 2) I play pick-up back home and wanted to play more ultimate.
- 3) I make baby owl faces and can lift a car up (all by myself). I am also really good at doing dishes.
- 4) I'm a closet landscaper.
- 5) "Signed, Sealed, Delivered (I'm Yours)" by Stevie Wonder
- 6) I would be a unicyclist.



Amanda Whitehouse, Junior

- 1) Braintree, Massachusetts
- 2) I stumbled across Ultimate and joined a team when studying abroad in South Africa. I played against MagnUM alum Ryan Purcell who encouraged me to tryout for Flywheel, so here I am!
- 3) My family is awesome, so we could orchestrate a switch—win win!
- 4) I can knit better than your grandma
- 5) "My Favorite Things" from Sound of Music (I only know a few lines, so I often sound like a broken record)
- 6) I would be the one they shoot out of the cannon.

Get to Know Our Rookies!

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Charlotte "Chuck" Wilson, Junior

- 1) Michigan, Ohio, New Jersey, and now my parents live in Florida. But I would probably just say the University of Michigan is my hometown
- 2) I wanted to play at the highest level of Ultimate, challenge myself to get into incredible shape, and bond with a team that pushes me.
- 3) I lead trips through the Outdoor Adventures program, so I can totally take you on a trip to explore the wilderness!
- 4) I can break dance. I say a lot of funny things.
- 5) "Baby Got Back" by Sir Mix-a-Lot
- 6) I would be the lion who jumps through the hoops of fire.



Maggie Smith, Junior

- 1) Midland, Michigan
- 2) I joined Flywheel because I need a competitive outlet, and I love **Ultimate**
- 3) I'm easy going and I'm up for new adventures!
- 4) I can speed skate. I went to nationals for speed skating, and I've met Apolo Anton Ohno!
- 5) "The Real Slim Shady" by Eminem
- 6) I would be the lion tamer.



Chelsea Grindle, Grad Student

- 1) Pittsburgh, Pennsylvania
- 2) I wanted to play on a competitive college women's team. Plus, I needed an excuse to play spider solitaire in the car for 12 hours.
- 3) I'm the oldest rookie, so I'm the wisest of them all.
- 4) I was a level 10 gymnast when I was younger, and I did track, Ultimate, and diving in undergrad at Carnegie Mellon
- 5) "The Rubber Ducky Song" from Sesame Street
- 6) I would be the bearded lady



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Designs by: Bailey Torvinen and Five Ultimate

Flywheel Gear!

- White jerseys are screen printed,
 blue jersey is sublimated
- Prices do not include shipping
- Prices are subject to change (Jerseys with number on back cost slightly more)
- Gear Deadline: Monday, April 8



Complete the order form <u>here</u>

Pricing:

- 1. Short sleeve light team jersey: \$33
- 2. Long sleeve light team jersey: \$38
- 3. Team shorts: \$24
- 4. Sublimated dark team jersey: \$64









*Our shirt designs are a work in progress, but will look something like the sketches above. Shirts will be dark blue.

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MICHIGAN ULTIMATE

Flywheel Gear! (Continued)

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*Again, still a work in progress, but our discs will look something like this!

+

Complete the order form **here**

Pricing:

- 5. Reversible Pinny: \$22
- 6. American Apparel short sleeve: \$18
- 7. American Apparel long sleeve: \$26
- 8. Michigan Ultimate Car Sticker: one
- for \$3, two for \$5, five for \$10
- 9. Flywheel Disc: \$10