

Flywheel Newsletter

December 2019

This has been a great last month of the fall 2019 season. Flywheel is really excited for the winter 2020 season to start! Meanwhile, we had a fun last month training and growing as a team.



Card Game Night



Our Frisbee Friend Sarah studying abroad in Germany!



Buddy Group: Shannon, Kat, Emily, Loho

Giving Blue Day



We had a really successful Giving Blue Day this year! A big thanks to everyone who helped donate and support our team, it is because of you that we are all able to play this amazing sport!

We had 240 donations and in total we made over \$10.1K! We are so excited for this season and appreciate the love and support! #flylove

Cancel

Tweet



We love all our supporters, you all raise us up! Please, everyone, retweet this post to help support women's ultimate frisbee!! #GivingBlueday |



The Throwing Challenge

This winter break we started a throwing challenging. The buddy group that throws for the most minutes wins! Our goal is to get the whole team to throw for a total of 3900 minutes (150 minutes/person)!

Current Top 3 Buddy Groups

#1: 1,005 Minutes



Shannon, Kat, Emily, Loho

#2: 705 Minutes



Meg, Jade, Miranda (Not pictured)

#3: 645 Minutes



Naomi, Riely, Rita

Spirit Captains

This season the team decided to choose two spirit captains to help with rules and team spirit. After a vote, we were able to get our two spirit captains for the 2019-2020 season!



Claire Blazewicz



Rita Hathaway

Winter 2020 Tournament Schedule

Queen City Tune Up

February 8-9 || @Charlotte, NC

Commonwealth Cup

February 22-23 || @Martinsville, VA

Centex

March 28-29 || @Austin, TX

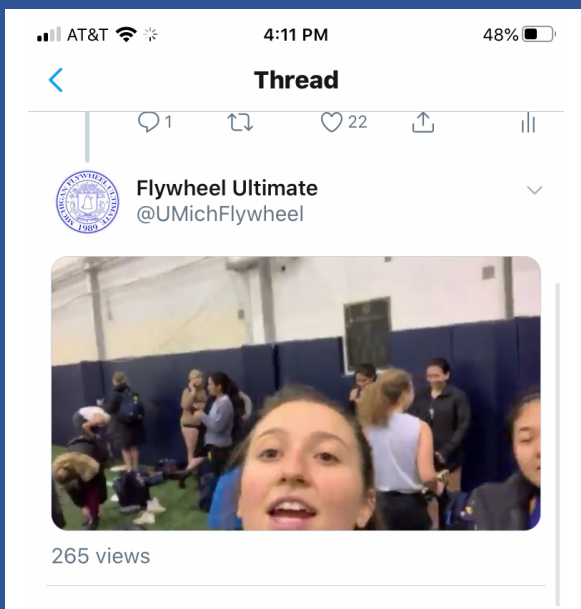
Team News!

Both Duffy and AK had birthday's this month!



Sarah has started a blog – check out the first video on our Twitter

We came up with our own version of The 12 Days of Christmas song – you can also find that on our Twitter 😊





It has been a great first half of Flywheel's 2019-2020 season and we can't wait for the winter to continue our growth as a team. Hope everyone has a good break and happy holidays. Can't wait to see you all next year!

